

Fifth Sunday after the Epiphany



St. Aidan's Episcopal Church
February 8, 2026 10 a.m.

The Liturgy of the Word

Prelude: "One thing I ask, this alone I seek, to dwell in the house of the Lord all my days.

For one day within your temple heals every day alone. Oh Lord, bring me to your dwelling."

Opening Hymn: New Every Morning Words: various sources, Music: Winchester New, Rhythmic

1. New ev - ery morn - ing is the love our
 2. E - ter - nal light, shine in my heart; e -
 3. E - ter - nal life, raise me from death; e -
 4. un - til by your most cost - ly grace, in -

wak - ing and up - ris - ing prove; through sleep and dark - ness
 ter - nal hope, lift up my eyes; e - ter - nal power, be
 ter - nal bright - ness, help me see; e - ter - nal Spi - rit,
 vit - ed by your ho - ly word, at last I come be -

safe - ly brought, re - stored to life and power and thought.
 my sup - port; e - ter - nal wis - dom, make me wise.
 give me breath; e - ter - nal Sa - vior, come to me:
 fore your face, to know you, my e - ter - nal God.

Maestoso

5. On - ly, O Lord, in thy dear love, fit us for per - fect rest a - bove;

and help us, this any ev - ery day, to live more near - ly as we pray.

Opening Acclamation

Presider Blessed be the one, holy, and living God.

People ***Glory to God for ever and ever.***

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. ***Amen.***

Hymn of Praise: Glory, Glory, Glory to God

Jack Barben

Glo - ry to God is the song of the stars, Mu - sic so -
 Sing with the si - lence of stars and of suns, Sing by pro -

deep that the si - lence is sound, Mu - sic too
 -vid - ing for all to be fed, Sing through your

lyr - ic for me - ter and bars, Flow - ing as
 ac - tions so jus - tice is done, Sing through your

prayer that no lan - guage has bound, Gath - er - ing out of the
 deed that the gos - pel may spread. Then when you sing with the

reach - es of space Meas - ure - less prais - es of in - fi - nite grace:
 sound of your voice, Earth as one cho - rus will sing and re - joice:

Glo - ry, glo - ry, glo - ry to God! All of cre -

-a - tion Sings ad - o - ra - tion Glo - ry, glo - ry,

glo - ry to God: All of cre - a - tion pro - claims.

The Collect

Presider God be with you.
Assembly ***And also with you.***
Presider Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

The First Reading

Lector A reading from Isaiah (58:1-12).

Shout out, do not hold back!

 Lift up your voice like a trumpet!

Announce to my people their rebellion,
 to the house of Jacob their sins.

Yet day after day they seek me

 and delight to know my ways,

as if they were a nation that practiced righteousness
 and did not forsake the ordinance of their God;

they ask of me righteous judgments,
 they delight to draw near to God.

“Why do we fast, but you do not see?

 Why humble ourselves, but you do not notice?”

Look, you serve your own interest on your fast day,
 and oppress all your workers.

Look, you fast only to quarrel and to fight
 and to strike with a wicked fist.

Such fasting as you do today
 will not make your voice heard on high.

Is such the fast that I choose,
 a day to humble oneself?

Is it to bow down the head like a bulrush,
 and to lie in sackcloth and ashes?

Will you call this a fast,
 a day acceptable to the Lord?

Is not this the fast that I choose:
 to loose the bonds of injustice,
 to undo the thongs of the yoke,

to let the oppressed go free,
 and to break every yoke?

Is it not to share your bread with the hungry,
 and bring the homeless poor into your house;
when you see the naked, to cover them,
 and not to hide yourself from your own kin?

Then your light shall break forth like the dawn,
 and your healing shall spring up quickly;

your vindicator shall go before you,
the glory of the Lord shall be your rear guard.

Then you shall call, and the Lord will answer;
you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you,
the pointing of the finger, the speaking of evil,
if you offer your food to the hungry
and satisfy the needs of the afflicted,
then your light shall rise in the darkness
and your gloom be like the noonday.

The Lord will guide you continually,
and satisfy your needs in parched places,
and make your bones strong;
and you shall be like a watered garden,
like a spring of water,
whose waters never fail.

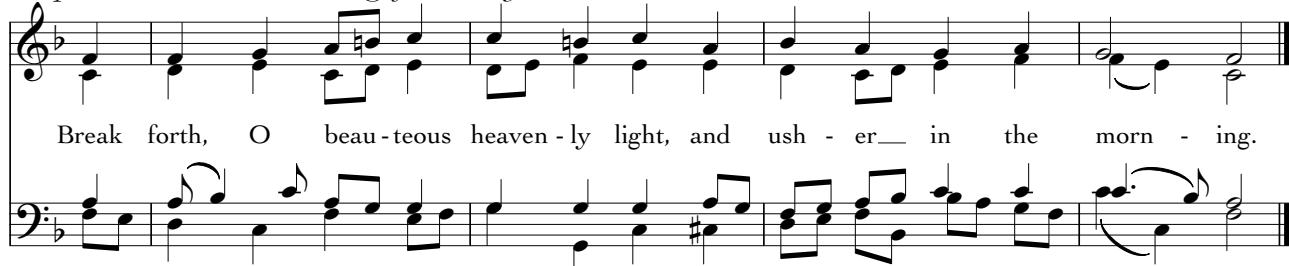
Your ancient ruins shall be rebuilt;
you shall raise up the foundations of many generations;
you shall be called the repairer of the breach,
the restorer of streets to live in.

Lector Hear what the Spirit is saying to God's people.

All **Thanks be to God.**

Psalm 112:1-10

Antiphon – Music Minister sings followed by All.



Break forth, O beau-teous heaven-ly light, and ush-er in the morn-ing.

- 1 *Happy are they who fear the Most High* and have great delight in God's commandments!*
- 2 *Their descendants will be mighty in the land;* the generation of the upright will be blessed.*
- 3 *Wealth and riches will be in their house,* and their righteousness will last for ever.*
- 4 *Light shines in the darkness for the upright;* the righteous are merciful and full of compassion.*
- 5 *It is good for them to be generous in lending* and to manage their affairs with justice.*
- 6 *For they will never be shaken;* the righteous will be kept in everlasting remembrance.*
- 7 *They will not be afraid of any evil rumors;* their heart is right; they put their trust in God.*
- 8 *Their heart is established and will not shrink,* until they see their desire upon their enemies.*
- 9 *They have given freely to the poor,*
and their righteousness stands fast for ever; they will hold up their head with honor.*

10 *The wicked will see it and be angry; they will gnash their teeth and pine away;*
the desires of the wicked will perish.*

All Repeat Antiphon

The Second Reading

Lector A reading from the First Letter of Paul to the Corinthians (2:1-16).

When I came to you, brothers, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

“For who has known the mind of the Lord
so as to instruct him?”

But we have the mind of Christ.

Lector Hear what the Spirit is saying to God's people.

All *Thanks be to God.*

Hymn: Eye Has Not Seen

Gather Comprehensive #638 vs 1-3

Refrain

Eye has not seen, ear has not heard what God has
 ready for those who love him; Spir - it of love, come
 give us the mind of Je - sus, _____

teach us the wisdom of God.

1. When pain and sor - row weigh us down, be
 2. Our lives are but a sin - gle breath, we
 3. To those who see with eyes of faith, the

near to us, O Lord, for give the weak-ness are the
 flow-er and we fade, yet all our days in Lord is ev-er near, re-flect-ed in the
 of our faith, and bear us up with in your hands, so we re-turn in fac-es of all the poor and in love what ful has the word.
 low-ly love of made. world.

The Gospel

Deacon The Holy Gospel of our Savior Jesus Christ according to Matthew (5:13-20).

People ***Glory to you, O Christ.***

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Presider The Gospel of our Savior.

People ***Praise to you, O Christ.***

Sermon

The Rev. AnnaMarie Hoos

Silence *After the sermon, a bell will sound to mark a brief period of silence. The bell will sound a second time to mark the conclusion of this time.*

Sung Creed

We believe in God almighty,
We believe that Jesus suffer'd,
We believe in God's own Spirit;

Author of all things that be,
scourg'd and scorn'd and crucified;
Mak'er of the earth and heav'ens,
bond-ing all the saints with-in one church, cath-o-lic and ho-ly,

Keep'er of the sky and sea.
True Life there had truly died.
where for-give-ness frees from sin;
We believe in God's Son, Je-sus,
We believe that on the third day
in the bod-y's res-ur-rec-tion,

now for us both Lord and Christ,
Christ was rais'd up from the grave,
for the break-ing of death's chain,
of the Spir-it and of Mar-y
then as-cend-ed to God's right hand.
gives the life that's ev-er-last-ing.

FINE

born to bring a-bun-dant life.
He will come to judge and save.
This the faith that we have claim'd.

last time

Words: Sylvia G. Dunstan; Music: Charles Rus 2011

Prayers of the People

Deacon or Presider

Like the Magi who came a great distance, led by a star, we are invited this Epiphany season to hope. As we pray, may we have the boldness to seek God's presence and know that God is with us.

Intercessor

God of revelation and renewal, we pray for St. Aidan's at the start of this new year, grounded in our baptismal vows. May we embrace Christ's teachings of service and love for all people.

The deacon or presider reads the Anglican, diocesan, and parish cycles of prayer, and invites additional prayers.

In hope we seek; we worship; we are transformed.

We are the Magi.

Intercessor

God of sanctuary, we pray for all people following their dreams: immigrants, refugees, trans and nonbinary people, and others seeking safety. Like Mary, Joseph, and Jesus journeying to Egypt, may they find rest, strength, and renewal.

The deacon or presider reads the prayers for justice, inviting additional prayers.

In hope we seek; we worship; we are transformed.

We are the Magi.

God of healing, we pray for those who are troubled and suffering. May they experience your restorative love. Make us active agents of your compassion for healing in and among us.

The deacon or presider reads the names on the prayer list and invites additional prayers.

In hope we seek; we worship; we are transformed.

We are the Magi.

God of consolation, we pray in grateful memory for those who have died to this life and are now safe and whole in your embrace.

The deacon or presider reads the names of those who recently died and invites additional prayers.

In hope we seek; we worship; we are transformed.

We are the Magi.

Holder of all mysteries, we give thanks that, like the Magi, we are both the givers and receivers of gifts.

The deacon or presider reads the birthday list and invites additional prayers of gratitude.

In hope we seek; we worship; we are transformed.

We are the Magi.

Deacon or Presider

Mindful of the gifts we have received and the gifts we have to offer, we bring these prayers to you, O God. **AMEN.**

The Confession and Absolution

Deacon Let us confess our sins against God and our neighbor.

All **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done and the evil done on our behalf. Forgive, restore and strengthen us through our Savior Jesus Christ that we may abide in your love and serve only your will. Amen.**

Presider

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider Glory to God in the highest, and may God's peace be with you all.
People *And also with you.*

We greet each other in the name of Christ

Announcements

The Offertory Sentence

Presider Arise shine, for your light has come! Let us give thanks with offerings of our life and labor this day.

Offertory Hymn: God Loves the Stranger

1. God loves the stran - ger; whom do we show kind - ness?
2. God loves my en - e - my; can I give bless - ing?
3. God loves the out - cast; can we deep - ly wel - come?
4. God loves the bro - ken; do we let one suf - fer?
5. Hea - ven sur - rounds us: o - pen to the vi - sion!

God loves the pris - 'ner, can we love as well?
God loves the home - less; can we shel - ter some?
God loves the hun - gry; do we hun - ger too?
God loves for ev - er; can we love to - day?
God, ev - er near us: see your sis - ter here!

So light shall rise, a dawn - ing of our spi - rits.
So light shall rise, en - light - en - ing all peo - ple,
So springs shall flow, re - fresh - ing, nev - er fail - ing;
So light shall rise, for our whole world a bea - con,
So clouds shall part, we feel the warm - ing sun - beams;

Our gloom will turn to noon - day, free - ing all.
re - pair - ing cit - ies: one world yet to come.
Let des - ert souls be wa - ter'd in - to bloom.
heal - ing hu - man - i - ty: let it be so!
hearts now set free to grow, em - brac - ing all.

Words: Charles Rus and Edward Flinchem, para of Isaiah 58:6-12;
Music: Donne secours, melody from Trente quatre pseaumes de David, 1551, harm. Claude Goudimel (1514-1572), alt.

The Liturgy of the Table

Presider God be with you.

People ***And also with you.***

Presider Lift up your hearts.

People ***We lift them up to God.***

Presider Let us give thanks to our God.

People ***It is right to give God thanks and praise.***

Presider

Blessed are you, O God, our light and our salvation; to you be glory and praise for ever.

From the beginning you have created all things and all your works echo the silent music of your praise. In the fullness of time you made us in your image, connected to all creation.

You give us breath and speech, that with angels and archangels and all the powers of heaven we may find a voice to sing your praise:

How wonderful the work of your hands, O God. As a mother tenderly gathers her children, you embraced a people as your own. When they turned away and rebelled your love remained steadfast.

From them you raised up Jesus our Savior, born of Mary, to be the living bread, in whom all our hungers are satisfied.

He offered his life for sinners, and with a love stronger than death he opened wide his arms on the cross.

On the night before he died, he came to supper with his friends and, taking bread, he gave you thanks. He broke it and gave it to them, saying, “Take, eat; this is my body which is given for you; do this in remembrance of me.”

At the end of supper, taking the cup of wine, he gave you thanks, and said, “Drink this, all of you; this is my blood of the new covenant, which is shed for you and for all for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.”

Great is the mystery of faith:

Christ has died, Christ is risen, Christ will come again.

Holy God, we plead with confidence Jesus' sacrifice made once for all upon the cross; we remember his dying and rising in glory, and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you these gifts of your creation; may they be for us the body and blood of your dear Son.

As we are nourished by these holy things in your presence, form us in the likeness of Christ, and build us into a living temple to your glory.

Bring us at the last with Saint Aidan, St. Cyprian and all the saints to the vision of that eternal splendor for which you have created us; through Jesus Christ, our Savior, by whom, with whom, and in whom, with all who stand before you in earth and heaven, we worship you, God almighty, in songs of everlasting praise:

Assembly Blessing and honor and glory and power be yours for ever and ever. AMEN.

The Lord's Prayer

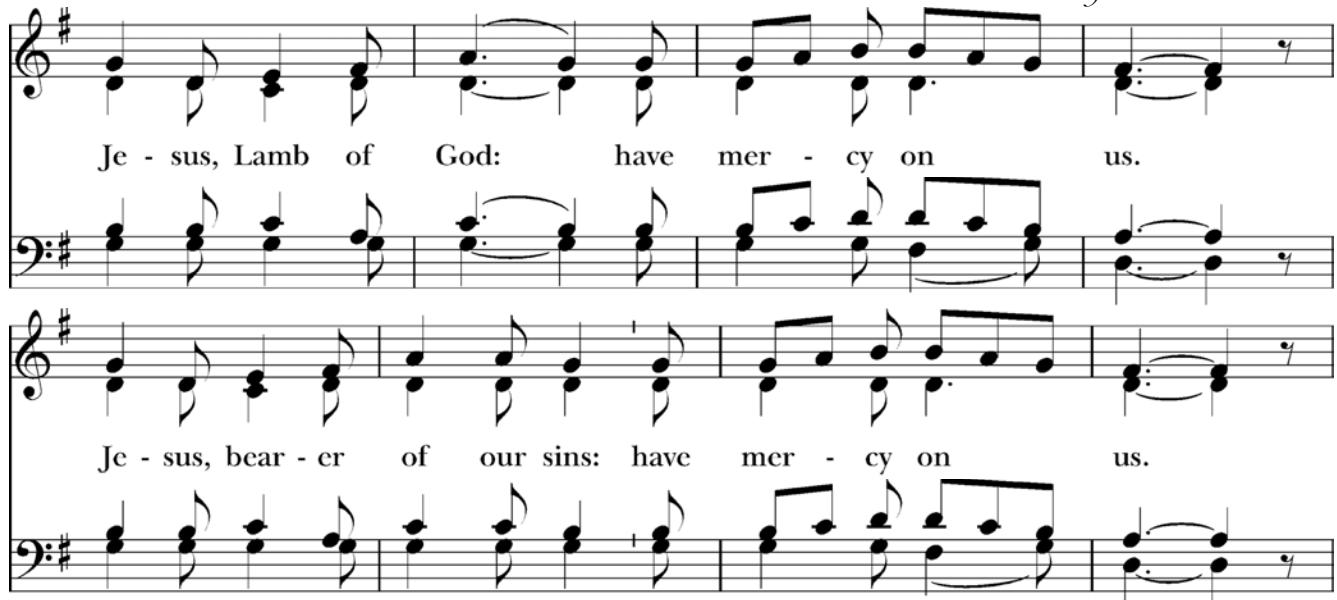
Deacon As our Savior Christ taught us, we now pray,

*God in heaven, hallowed be your name.
Your kingdom come, your will be done,
On earth as in heaven.
Give us today our daily bread.
Forgive us our debts as we forgive our debtors.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
Now and forever. Amen.*

The Presider breaks the bread

The Fraction

The Hymnal 1982 S164



Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Adaptation: Copyright © 1985 GIA Publications, Inc.

Lifting the bread and cup, together with others serving at the altar, the Presider says,

Presider The gifts of God for the people of God. All are welcome at God's table.

*This Altar belongs to God and all are welcome to partake, wherever you are on your journey of faith.
If you choose to not receive the bread and wine, you are also welcome to come forward for a blessing:
simply cross your arms over your chest.*

The bread and wine are given to the communicants with these words:

The Body of Christ, the bread of heaven; The Blood of Christ, the cup of salvation.

During Communion, those present via Zoom are encouraged to pray the following prayer for Spiritual Communion that we have shared together since the beginning of the pandemic:

In union, O God, with your people at every altar of your Church, we offer you praise, giving thanks for your presence in the holy gifts of bread and wine. In our spatial distance we invite you to come spiritually into our hearts, nourishing and strengthening us as members of your body. Amen.

Plainchant verses will be sung between singing of this refrain.

Communion Chant: chant 4 part w/ part of Psalm 112 plainchant

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le -

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le -

lu - ia, al - le - lu - ia, al - le - lu - ia.

lu - ia, al - le - lu - ia, al - le - lu - ia.

St. Gervais, France

verse (cantor) plainchant

Psalm 112 excerpts

1 Hallelujah! Happy are they who fear the / Lord *
and have great delight in / his commandments!

2 Their descendants will be mighty in the / land; *
the generation of the upright / will be bless-ed.

Alleluia

4 Light shines in the darkness for the / upright; *
the righteous are merciful and / full of compassion.

6 For they will never be / shaken; *
the righteous will be kept in ever/lasting remembrance.

Alleluia

8 Their heart is established and will not / shrink, *
until they see their desire up/on their enemies.

9 They have given freely to the / poor, *
and their righteousness stands fast for ever; they will hold up their / head with honor.

Alleluia

Post Communion Prayer

God of glory, you have nourished us with the bread of life and the cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Healing Prayer

*Anyone who wishes is invited to make a request for healing prayer, either for yourself or on behalf of another.
The Presider will then offer a prayer.*

Blessing

May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also, in your pilgrimage, to find God. **Amen.**

May God, who sent the Holy Spirit to rest upon the Only-begotten at his baptism in the Jordan River, pour out that Spirit on you who have come to the waters of new birth. **Amen.**

May God, by the power that turned water into wine at the wedding feast at Cana, transform your lives and make glad your hearts. **Amen.**

And the blessing of God, one holy and undivided Trinity, be upon you and remain with you for ever. **Amen.**

Closing Hymn: Alleluia! Sing to Jesus



1.Al - le - lu - ia! sing to Je - sus! his the scep - ter,
2.Al - le - lu - ia! sing to Je - sus, Je - sus, light of
3.Al - le - lu - ia! Bread of Hea - ven, thou on earth our
4.Al - le - lu - ia! sing to Je - sus! his the scep - ter,

his the throne; Al - le - lu - ia, his the tri - umph, his the
all the world. Al - le - lu - ia! sing to Je - sus, yet un -
food, our stay! Al - le - lu - ia! here the sin - ful flee to
his the throne; Al - le - lu - ia, his the tri - umph, his the

vic - to - ry a - lone; Hark! the songs of peace - ful Zi - on
seen, nor heart con ceived. Shout! lift up your voice, pro - claim, de -
thee from day to day: In - ter - ces - sor, friend of sin - ners,
vic - to - ry a - lone; Hark! the songs of peace - ful Zi - on

thun - der like a might - y flood; Je - sus, out of
light to draw ev - er near - er to God. Day af - ter day the light
earth's Re - deem - er, plead for me, where the songs of
thun - der like a might - ty flood; Je - sus, out of

ev - ery na - tion hath re - deemed us by his blood.
shines in the dark - ness, with com - pas - sion draw to God.
all the sin - less sweep a - cross the crys - tal sea.
ev - ery na - tion hath re - deemed us by his blood.

music: Hyfrydol, Rowland Hugh; words various sources

Dismissal

Deacon Let us bless God!
All ***Thanks be to God.***

Sources

- The Liturgy of the Word is from *Enriching Our Worship I*. (New York: Church Publishing, 1996).
- Psalm translation is from the *CSF Office Book* (Community of St. Francis, 1995).
- The Sung Antiphon is taken from Break Forth, O Beauteous Heavenly Light, *The Hymnal 1982* (New York: Church Publishing, 1993), #91.
- The Prayers of the People for Epiphany 2026 were written by Doug Barnett.
- The Offertory Sentence is adapted from Isaiah 60:1.
- The Eucharistic Prayer is adapted from Eucharistic Prayer G of *Common Worship* (London, UK: Church House Publishing, 2000), 201-203.
- The Sanctus is from *The Hymnal 1982* (New York: Church Publishing, 1993), S130.
- The Prayer of Spiritual Communion (“In union, O God...”) is adapted from the excerpts from *Saint Augustine’s Prayer Book* that can be found online at <https://news.forwardmovement.org/wp-content/uploads/2020/03/Spiritual-Communion.pdf>
- The Post Communion Prayer is adapted from *Enriching Our Worship* (New York: Church Publishing, 1998), 69.
- The Blessing is adapted from *The Book of Occasional Services, 2018* (New York: Church Publishing, 2018), 10.

Serving St. Aidan's

The Rev. AnnaMarie Hoos, *Presider & Preacher*
Charles Rus, *Interim Music Minister*

Anne Benninger, Sarah Glover, Lee Hammack, Jacqueline Lewey, Mileva Lewis, Janet Lohr, Paul Nocero, Jim Oerther, Kateri Paul, Barbara Stevenson,
& perhaps you!, *Choir*
Nancy Sabin, *Marimbist*
JoEllen Brothers, *In-Person Greeter*
Peter Fairfield, *Zoom Greeter*
Betty Carmack / Lee Hammack, *Lectors*
Michael Jennings, *Intercessor*
Janice Tickner Leonard, *Eucharistic Minister*
Barbara Stevenson, *Altar Guild*
Robert Geesey, *Sound / Zoom*
JoEllen Brothers, *Bread Baker*
CoCo Lin, *Child Care*

Announcements

Shrove Tuesday Pancake Supper

The Shrove Tuesday Pancake Supper is coming up on Tuesday, February 17th! Come join us between 6 and 7:30 PM for freshly made pancakes, sausage, Martinelli's and fun company. Looking forward to seeing you there!

Ash Wednesday

The season of Epiphany is drawing to a close and Lent is rapidly approaching. Come and enter this holy season with Ash Wednesday worship. Imposition of ashes and Communion will take place at 7:30 AM and 7 PM. We look forward to seeing you.

LGBTQ+ task force invites survey input by March 15. Episcopalian are invited to complete a 15- to 20-minute survey offered by the Task Force on LGBTQ+ Inclusion to help the church better understand how it honors the dignity of all people and where work remains to be done.

The 80th General Convention established the task force in 2022, charging it with conducting an audit of how The Episcopal Church has lived into its public commitments affirming the inclusion of LGBTQ+ people. A survey report will be shared with the 82nd General Convention in 2027.

Members across the church—those who are LGBTQ+ and those who are not—are encouraged to share about their experiences with pastoral care, sacramental access, representation in leadership, and institutional accountability.

Link to survey: <https://shorturl.at/kCbaH> You can also find the link in the Flame announcements.

Our St. Aidan's Women's Spirituality Group will meet via zoom Saturday February 14th at 10:15. As before, we will have time for both checking in and personal sharing as well as time for spiritual growth. We are certainly open to formats and approaches such as reflections on a poem, scripture, narrative passage or another focus for our growth. We want our group to meet the needs and desires of those who participate. If you want to join us, and we hope you will, please contact Elaine Mannon at elaine@mannon.com to get the information for signing into our meeting.

From the ELM Committee: Life Crisis Forms at St. Aidan's

What would happen if you had a medical crisis at church? Whom should we call?

Since timeliness and having relevant information is critical in these situations, it would be helpful for our clergy to know:

*Your emergency contact – friend, partner, spouse

*Relevant health information, e.g., allergies, recent surgery or illness

*Health Care Provider, e.g., Kaiser, Sutter, UCSF, preferred facility

*Advance Care Planning preferences --- who has a copy of that document

St. Aidan's ELM Committee (End of Life Ministry) recently completed the development of the Life Crisis/Emergency Form as a valuable resource for our clergy. These forms will be kept in a confidential place by clergy.

Hard copies will be available at St. Aidan's for you. Please consider completing one and returning it to Cameron or to Cary, our Parish Administrator, who will pass it on to Cameron.

The form is available on our website here:

https://www.staidansf.org/_files/ugd/785659_15c5dbf715e64226a1d42fb73c676e27.pdf

Thank you for your consideration. If you have questions or concerns about this, please feel free to speak to any of us about it.

In service,

St. Aidan's ELM Committee

Judy Bley, Betty Carmack, Margaret Dyer-Chamberlain, Don Fox, Mileva Saulo Lewis, Elaine Mannon, Cameron Partridge

More Opportunities for Solidarity with Immigrants

Several local organizations offer opportunities to stand with immigrants facing Trump administration attacks.

Faith in Action(www.faithinactionba.org): Local branch of a national community-organizing group anchored in faith communities around the country. In the Bay Area they focus on housing and immigration. Opportunities include:

- **Immigration Court.** Accompany immigrants to their court hearings. You'll need at least conversational Spanish, and you'll be trained before you get started. For more information and the sign-up link: www.faithinactionba.org/accompaniment.
- **Rapid Response Network (203) 666-4472:** Faith in Action operates the San Mateo County Rapid Response phone network, providing information for immigrants and their supporters in the whole Bay Area, not just San Mateo. Call the number:
 - If you or a loved one has been detained by ICE
 - If you learn that someone has been detained by immigration enforcement
 - If you see ICE activity in the community

- If you need accompaniment at an ICE Check-In or court appearance
- If you need support filling out your asylum paperwork within the first year of entering the country
- If you think immigration enforcement is contacting you by phone call or text message

Immigration court demonstrations and vigils: Several groups maintain a presence outside the immigration court at 100 Montgomery in downtown SF. Here are a couple:

- **Interfaith Court Vigil** (www.im4humanintegrity.org/category/events/): Tuesday, Wednesday, and Thursday every week. Sponsored by the Interfaith Movement for Human Integrity. Click here to sign up: bit.ly/CourtVigilVolunteer.
- **Tuesday and Friday demonstrations:** Loosely organized, pretty confrontative demonstrations, called by Democratic Socialists of America and others.

Immigration Court Observers: The National Lawyers Guild trains non-lawyers to participate in observing and documenting what happens in immigration courts in S.F. Click here for more information: nlgsf.org/programs-committees/nlg-sfba-programs/immigration-justice-program/

Comprehensive action calendar: (www.actiontogetherwest.org/bayarea) A project that grew out of the 2016 Pantsuits Nation group, this is a very well-maintained and up-to-date calendar of resistance activities in the Bay Area.

Wrestling with the Scriptures meets every fourth Tuesday at 10:30 am (via Zoom). The next meeting will be **Tuesday, February 24**. Please feel free to reach out to the office for the Zoom access information: office@staidansf.org.

St. Aidan's Gourmet Book Club

We resume meeting via zoom with LeeAnn DeSalles serving as our zoom master. She has set up a zoom link that will serve for all our meetings. If you would like help with zoom, please contact LeeAnn at leeanndesalles@comcast.net. If you would like to be on the Book Group's mailing list, please contact elaine@mannon.com

- **Monday, February 23, 2026, 7:00 p.m.**
 - ***Unfinished Love Story: A Personal History of the 1960's*** - by Doris Kearns Goodwin (480 pages). A Memoir about Goodwin's relationship with her late husband, Richard Goodwin, blending her work as a presidential historian, and offering an intimate look at the era's pivotal moments, and the couple's shared life and work.
- **Monday, March 30, 2026, 7:00 p.m.**
 - ***The Safekeep*** -by Yael van de Wouden (272 pages). A historical mystery, set in 1961 Netherlands, that unearths hidden wartime secrets and explores themes of obsession, desire, and control.
- **Monday, April 27 (first 230 pages) 7:00 p.m.**
Monday, June 1, 2026 (last 230 pages) 7:00 p.m.
 - ***The Accidental President: Harry S. Truman and The Four Months That Changed The World*** - by A. J. Baime – Explore how a man, guided by simple principles, rose to meet immense challenges. (461 pages)

Contemplative Prayer: Tuesday & Thursday from 9-10 AM via Zoom

We offer Contemplative prayer via Zoom. Contemplative Prayer is silent with the beginning and ending marked by a bell. You can practice meditation, silent prayer, journal, or otherwise enjoy the collective quiet. Thank you to Susan Spencer for anchoring this practice. Please feel free to reach out to the office for the Zoom access information: office@staidansf.org.

Morning Prayer: Mon, Wed, Fri at 7:30 AM

We offer Morning Prayer in hybrid mode (at church and via Zoom) on Mondays and Wednesday, and on Fridays via Zoom only. Please feel free to reach out to the office for the Zoom access information: office@staidansf.org.

Evening Prayer: Wednesdays at 6:30 PM via Zoom

We offer Evening Prayer via Zoom. Readings for the day are from the Episcopal Church's daily lectionary or calendar of saints, and the service includes a brief reflection time on the readings. Please feel free to reach out to the office for the Zoom access information: office@staidansf.org

Mask Policy: We respect the preference of anyone who feels safer by masking. We continue to monitor public health advisories and may modify our mask policy, as appropriate. Please pray for the health and safety of all our members and friends as we continue to navigate this challenging time.

To add an announcement to the weekly bulletin of the Flame, please send your edited text no later than 11:00 am Wednesday to office@staidansf.org

Calendar for the Week of February 8, 2026

Sunday, February 8	Holy Eucharist at 8 AM (In Person) & 10 AM (Hybrid)
Monday, February 9	Morning Prayer (Hybrid) at 7:30 AM
Tuesday, February 10	Contemplative Prayer (via Zoom) at 9 AM
Wednesday, February 11	Morning Prayer (Hybrid) at 7:30 AM Evening Prayer (via Zoom) at 6:30 PM
Thursday, February 12	Contemplative Prayer (via Zoom) at 9 AM Kaffeeklatsch (via Zoom) at 3 PM
Friday, February 13	Morning Prayer (via Zoom) at 7:30 AM Food Pantry at 1 PM
Saturday, February 14	Women's Spirituality Group (via Zoom) at 10:15 AM

St. Aidan's Vestry

Susan Spencer, *Senior Warden*;

Dave Frangquist, *Treasurer*;

Jan Adams, Gilbert Chavez, Janet Lohr, Mary Pruyn,
Roya Rettberg, Margaret Tait, Margie Wolcott, Ray Wong

Staff e-mail addresses

Cameron: rector@staidansf.org

Cary: office@staidansf.org

St. Aidan's Prayers

In Your Prayers, Please Remember:

In acknowledgment that St. Aidan's is located within the unceded ancestral land of the Yelamu tribe of the Ramaytush Ohlone people, with gratitude for their ongoing relationship with this holy place.

In the Episcopal Church: For Sean our Presiding Bishop; for Julia, President of the House of Deputies, and for the Executive Council of the Episcopal Church.

In the Anglican Cycle of Prayer: For Hong Kong Sheng Kung Hui.

In the Diocesan Cycle of Prayer: For Austin, our bishop; for SEA Episcopal Church, San Bruno & South San Francisco..

In our Parish Cycle of Prayer: For the Pastoral Care Committee (Spiritual Care, Support & Sustenance, and the ELM Committee).

For those with birthdays this week: Andrew, Carolyn, Robert, Walter.

For all striving for mental and emotional balance and wholeness, and for their families and friends.

For those who have asked for our prayers: Albert T, André E., Aubrey M., Carol-Ann, Cindi G., Debbie C., Denise, Felicia F., George C., Isaac C., Jaime, Janice T., Jean W., Jelly J., Jenny M., Jill, Jim O., Jodi F., Joe, Joelle, John, Judy B., Julie A., Ken E., Liz S., Lucinda G., Lynne and Meg S., Margarita, Marc L., Mark, Matthew G., Melissa W., Mercedes, Michaela, Milo R., Mina Marie, Owen, Patricia, Peter G., Rocky V. and Ruth S., Ron B., Stephanie M., Tawanda, Tony F., Zakaria E.

For our ongoing work against intersecting forms of oppression, particularly racism and transphobia, and in affirmation of human dignity.

For our work in the world in our daily lives and for the ministries of the Friday Food Pantry and Diamond Diners.

For our congregation as we embrace our call to practice sanctuary: may we commit ourselves to prayer, education, and support for immigrants to this country and for all who are estranged, excluded, or threatened in 21st century America. We pray in thanksgiving for the numerous gifts our refugee and immigrant siblings have brought, and continue to bring, to this country.

For all who are struggling in this time of intensified injustice and polarization in our country and around the world: for strengthened relationships and deepened commitment to our common life and the well-being of our planet.

For those who have recently died: Harlean Donaldson, Paul Marcus, Lovie Spencer, Dick Young, Kim Fellner, Gayle Rosenkrantz, Audrey DeLoache, Lois Roach, Shirley Sabin, and Angela Hunkler.

To place a name on our prayer list, please contact the church office at 415-285-9540, ext. 3 or office@staidansf.org. Names of the living are printed by first name and will be kept on the prayer list for four weeks. To keep someone on the list for longer, please notify the office.



St. Aidan's Episcopal Church

101 Gold Mine Drive, San Francisco, CA 94131

www.staidansf.org (415) 285-9540