

St. Aidan's Episcopal Church Second Sunday in Lent



March 1, 2026 8 a.m.

The Liturgy of the Word

Opening Sentences

Presider Bless the God of our salvation:
People ***Who bears our burdens and forgives our sins.***

Confession

Deacon
or Presider Let us confess our sins against God and our neighbor.

A space of silence is kept

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done and the evil done on our behalf. Forgive, restore and strengthen us through our Savior Jesus Christ that we may abide in your love and serve only your will. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

Canticle: God Is Our Refuge and Strength

The Deacon or Presider introduces the Canticle. All then pray it together.

God is our refuge and strength,* a very present help in trouble.

***Therefore we will not fear, though the earth be moved,*
and though the mountains be toppled into the depths of the sea;***

Though its waters rage and foam,* and though the mountains tremble at its tumult.

The Holy One is with us;* the God of Jacob is our stronghold.

There is a river whose streams make glad the city of God,* the holy habitation of the Most High.

God is in the midst of her; she shall not be overthrown;* God shall help her at the break of day.

Come now and look upon the works of God,* what awesome things have been done on earth.

***It is God who makes war to cease in all the world;*
breaks the bow, and shatters the spear, and burns the shields with fire.***

“Be still, then, and know that I am God;* I will be exalted among the nations; I will be exalted in the earth.

The Holy One is with us,* the God of Jacob is our stronghold.

The Collect of the Day

Presider Hear our cry, O God.
People ***And listen to our prayer.***
Presider Together, let us pray.

O God, you have called your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, knowing only that your hand is leading us and your love eternally supporting us, through Jesus Christ our Savior. Amen.

First Reading

Lector A reading from Genesis (12:1-4a).

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him; and Lot went with him.

Lector Hear what the Spirit is saying to God’s People.

People **Thanks be to God.**

The Deacon or Officiant introduces the Psalm and reads the Antiphon at the beginning and ending of the Psalm. All join in reading the bolded text.

Psalm 121

Antiphon Our help comes from our God, the maker of heaven and earth.

- 1 ***I lift up my eyes to the hills;* from where is my help to come?***
- 2 ***My help comes from our God,* the maker of heaven and earth.***
- 3 ***God will not let your foot be moved* the one who watches over you will not fall asleep.***
- 4 ***Behold, the one who keeps watch over Israel* shall neither slumber nor sleep;***
- 5 ***The Holy One watches over you;* God is your shade at your right hand.***
- 6 ***So that the sun shall not strike you by day,* nor the moon by night.***
- 7 ***God will preserve you from all evil;* the Most High will keep you safe.***
- 8 ***God will watch over your going out and your coming in,* from this time forth for evermore.***

Antiphon Our help comes from our God, the maker of heaven and earth.

Second Reading

Lector A reading from the Letter of Paul to the Romans (4:1-5, 13-17).

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Lector Hear what the Spirit is saying to God’s people.

All **Thanks be to God.**

The Gospel

Deacon The Holy Gospel of our Savior Jesus Christ, according to John (3:1-17).
All ***Glory to you, O Christ.***

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Deacon The Gospel of our Savior.
All ***Praise to you, O Christ.***

The Sermon

The Rev. Cameron Partridge

Silence *After the sermon, a bell will sound to mark a period of silence. After the silence, the bell will sound a second time to mark the conclusion of this time.*

Nicene Creed

Deacon Together, let us join in saying the Nicene Creed.

***We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.***

***We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation***

*he came down from heaven,
by the power of the Holy Spirit
he became incarnate from the Virgin Mary and was made human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,
Who proceeds from the Father and the Son;
Who with the Father and the Son is worshiped and glorified;
Who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

The Prayers of the People

Deacon or Presider: As people of faith, let us bring our cares and concerns to the One who is always ready to give us strength and courage in troubled times.

Intercessor: We pray for the leaders and people of our Church and all who follow God, that we may courageously give witness to the way of love.

Deacon or Presider shares the Episcopal, Anglican, Diocesan and Parish Cycles of Prayer, inviting additional prayers.

Intercessor: In quiet confidence, we pray to God,

People: ***It is well, it is well with my soul.***

Intercessor: We pray for all in authority in our national, state and local governments, that they may serve all the people with justice, mercy and humility, and that we may have the strength to hold them accountable.

Deacon or Presider shares our communal prayers for justice, inviting additional prayers.

Intercessor: In quiet confidence, we pray to God,

People: ***It is well, it is well with my soul.***

Intercessor: At the beginning of his ministry, Jesus went into the wilderness, where he encountered and resisted the power of evil; we pray for the wisdom and power to honor and restore your natural world.

The people are invited to offer prayers.

Intercessor: In quiet confidence, we pray to God,

People: ***It is well, it is well with my soul.***

Intercessor: We pray for all who are oppressed, who are living in danger or fear, or who are in need of healing of mind, body or spirit.

Deacon or Presider reads the names of those who have asked for prayers and invites additional prayers.

Intercessor: In quiet confidence, we pray to God,

People: ***It is well, it is well with my soul.***

Intercessor: Confident in the power of the resurrection, we pray for all who have died and all who mourn.

Deacon or Presider reads the names of those who have recently died and invites additional prayers.

Intercessor: In quiet confidence, we pray to God,

People: ***It is well, it is well with my soul.***

Intercessor: We give thanks for all the blessings of this life, knowing that even in times of trial, we may find joy and peace in you, our God.

Deacon or Officiant reads the names of those celebrating birthdays and invites additional prayers

Intercessor: In quiet confidence, we pray to God,

People: ***It is well, it is well with my soul.***

Deacon or Presider: O God, accept the prayers of your people; look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, this day and always. ***Amen.***

The Peace

Presider The Peace of God be always with you.

People ***And also with you.***

We greet each other in the name of Christ

Announcements

Offertory Sentence

Presider Thus says our God, who makes a way in the sea, a path in the mighty waters: “I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.” Let us with gladness bring offerings of our life and labor to God.

The Liturgy of the Table

Presider God be with you.

People ***And also with you.***

Presider Lift up your hearts.

People ***We lift them up to God.***

Presider Let us give thanks to God.

People ***It is right to give God thanks and praise.***

The Presider continues

Praise and thanksgiving belong to you, God of every blessing, for you created all things to grow and thrive in your dream of a just and loving world of friendly folk beneath a friendly sky.

You called a holy people to share life with you, and when they were captive in Egypt, with a mighty hand and an outstretched arm you brought them out of oppression, through desert trials, into a land of promise.

In time, your Son came among us and walked a wilderness way, enduring temptation and hunger to bring us out of bondage to sin and to taste and see that you, O God, are good.

And so with grateful hearts we praise you, lifting our voices with angels and archangels, and all the company of heaven, as we join their unending hymn:

***Holy, holy, holy, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.***

*Blessed is the one who comes in the name of our God.
Hosanna in the highest.*

God of mercy, you gave your people manna by day in their wilderness wandering, and because no one can live by bread alone, you gave Jesus to be our bread from heaven.

Send your Holy Spirit upon your church to live as a sign of the way you transform this manna into mercy for all.

With your Spirit, bless this bread and this cup, that they may be for us the body and blood of our Savior Jesus Christ; who, at supper with his friends, took bread, gave you thanks, broke the bread, and gave it to them, saying, "Take, eat: this is my body which is given for you; do this in remembrance of me."

After supper he took the cup. Again, he gave you thanks and gave it to his friends, saying, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for all for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so we proclaim the mystery of faith:

Christ has died; Christ is risen; Christ will come again.

Faithful God, whose Son did not escape suffering and death but endured and overcame them: bring your people by the way of the cross to the liberating joy of Easter.

Strengthen us to turn from sin and resist evil of every kind. With your mighty hand and outstretched arm, uphold all who are enduring trials, all who know their very lives are at stake. Be with your children who are heavy laden, and all who labor beneath the misuse of power.

Give to your people new courage to live out your call, faithful to your dream for all creation, until the day when in your glory all are transformed and united in one shared, risen life, one holy communion among all the saints with you to whom all glory belongs forever, O God: Source of all Being, Incarnate Word, and Holy Spirit. **AMEN.**

The Lord's Prayer

Deacon As our Savior Christ taught us, we now pray,

God in heaven, hallowed be your name.

Your kingdom come, your will be done,

On earth as in heaven.

Give us today our daily bread.

Forgive us our debts as we forgive our debtors.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours,

Now and forever. Amen.

The Fraction

The Presider breaks the bread and says,

Presider We break this bread to share in the Body of Christ.

All ***We who are many are one body, for we all share in the one bread.***

Lifting the bread and cup, together with others serving at the altar, the Presider says,

Presider The gifts of God for the people of God. All are welcome at God's table.

This Altar belongs to God and all are welcome to partake, wherever you are on your journey of faith.

If you choose to not receive the bread and wine, you are also welcome to come forward for a blessing;

simply cross your arms over your chest.

The bread and wine are given to the communicants with these words:

The Body of Christ, the bread of heaven; The Blood of Christ, the cup of salvation.

During Communion, those present via Zoom are encouraged to pray the following prayer for Spiritual Communion that we have shared together since the beginning of the pandemic:

In union, O God, with your people at every altar of your Church, we offer you praise, giving thanks for your presence in the holy gifts of bread and wine. In our spatial distance we invite you to come spiritually into our hearts, nourishing and strengthening us as members of your body. Amen.

Post Communion Prayer

Presider Most loving God, Creator and Redeemer, we give you thanks for this foretaste of your glory.
People ***Through Christ, with Saint Aidan and all your saints, we offer ourselves and our lives to your service. Send us out in the power of your Spirit, to stand in courage with you in your world. We ask this through Jesus Christ, our Redeemer and Liberator. Amen.***

Healing Prayer

*Anyone who wishes is invited to make a request for healing prayer, either for yourself or on behalf of another.
The Presider will then offer a prayer.*

Blessing

Presider May Christ the desert sojourner guide your path, leading you to living waters; and the blessing of God, Source of all being, Incarnate Word, and Holy Spirit, be upon you and remain with you always. ***Amen.***

Dismissal

Deacon Let us bless God.
All ***Thanks be to God.***

SOURCES

- The cover photo was taken by Cameron on Pyramid Peak on July 23, 2025.
- The Service of the Word is from Rite 2, *Book of Common Prayer* (Church Publishing, 1979) and *Enriching Our Worship I* (New York: Church Publishing, 1998).
- The Canticle is taken from Psalm 46, *The CSF Office Book* (The Community of St. Francis, 1995).
- The Good Courage Prayer is adapted from Eric Milner-White and G.W. Briggs, *Daily Prayer* (London: Oxford University Press, 1941)
- The Psalm translation is from *The CSF Office Book* (The Community of St. Francis, 1995).
- The Prayers of the People for Lent 2026 were composed by Dave Frangquist.
- The Offertory Sentence is from Isaiah 43: 16, 19
- The Eucharistic Prayer is adapted by Cameron from Samuel Wells and Abigail Kocher, *Eucharistic Prayers* (Grand Rapids, MI: William B. Eerdmans Publishing Company, 2016), 124-125. The changes incorporate ideas and imagery from Verna Dozier, *The Dream of God: A Call to Return* (Cambridge, MA: Cowley Publishing, 1990), who draws in turn on the work of theologian and mystic Howard Thurman.
- The Prayer of Spiritual Communion (“In union, O God...”) is adapted from the excerpts from *Saint Augustine’s Prayer Book* that can be found online at <https://news.forwardmovement.org/wp-content/uploads/2020/03/Spiritual-Communion.pdf>
- The Post-Communion Prayer is adapted from *A New Zealand Prayer Book*, pp. 472-3.
- The blessing was adapted by Cameron from a prayer in *A New Zealand Prayer Book*, p. 532.
- Portions of the liturgy have been modified to reflect our use of inclusive language.

Serving St. Aidan's

The Rev. Cameron Partridge, *Presider & Preacher*

The Rev. Margaret Dyer-Chamberlain, *Deacon*

Kate Fritz, *Altar Guild*

Kate Fritz, *Bread Baker*

Announcements

A Call to Courage: Stories of Fortitude for Difficult Times

As we enter the wilderness season of Lent, join us for a formation series on courage, a quality of life and being – a virtue – that helps us navigate deeply challenging times and discern how God is calling us to respond. We'll reflect on courage through the lives, writings, and actions of people who have exemplified it, here in the Bay Area and beyond. We'll talk about how we have sought out courage in our lives, and pray for its strengthening. **Wednesday evenings via Zoom for Evening Prayer at 6:30 PM and discussion from 7-8 PM** (link available from office@staidansf.org).

Come and be encouraged!

- 1) ~~February 25: Bishop Mariann Budde~~
- 2) March 4: The Compton's Cafeteria Riot
- 3) March 11: The Greensboro Sit-ins
- 4) March 18: Harriet Tubman
- 5) March 25: Ruth Asawa

New Jim Crow Anti-Racist Book Group, Sunday, March 1, 4pm, via Zoom. We're reading *Native Nations* by **Kathleen DuVal**. We'll do this in two parts, so we'll read Part 1 for the January 11 time and Part 2 for March 1. Please feel free to reach out to Deacon Margaret with any questions at mdyerc@stanford.edu.

Men's Group: Saturday, March 7, 9-10:30 am, via Zoom. We will connect for prayer, study, and fellowship. All men are cordially invited. If you haven't received connection information by March 5, contact Dave Frangquist (frangquist@acm.org).

Good News Gardening - upcoming dates

In 2026 we are continuing with the second Saturday of the month at our usual 12:30-2 pm time (with February being an exception)-- our next dates will be **March 14, April 11**, etc. Looking forward to the next gathering. Please reach out to Margaret at mdyerc@stanford.edu with any questions.

MARCH WOMEN'S SPIRITUALITY GROUP CANCELLED

Neither Elaine nor Margaret can attend our March meeting, and they are the only two who can host on Zoom. Therefore, we sadly have decided to cancel our March meeting and will meet next on **Saturday, April 11th**. We are so sorry and will miss being together. Perhaps on the morning of March 14th, when we were scheduled to meet, we can each, in our own way, offer a prayer, based on what is on our hearts. Perhaps the power of all our prayers that morning can disseminate out into our world, accompanied by our love.

Music on the Hill, Sunday, March 15, 2026 at 7:30 PM: Chamber Music Society of San Francisco

Performers are **Natasha Makhijani**, violin; **Jory Fankuchen**, violin; **Clio Tilton**, viola; **Samsun van Loon**, cello, and guest artist Elizabeth Schumann, piano. Performing works by Amadeus Mozart and Johannes Brahms.

Tickets for this Chamber Music Society of San Francisco concert are available at Eventbrite:

<https://www.musiconthehill.org/tickets>

Individual tickets can also be purchased at the door.

You can also send a check to Music on the Hill, 201 Bennington St, San Francisco CA 94110.

A limited number of complimentary tickets will be made available to members of St Aidan's. Check with Dave Frangquist about availability.

Performances will be held at St. Aidan's Church, 101 Gold Mine Dr, San Francisco.

Come learn about Hospice Sunday March 22nd, 11: 45 after church.

St.Aidan's ELM (End of Life Ministry) Committee is offering another of its programs, this time about Hospice.

We hear a lot about hospice and perhaps you have questions about it. Come learn what hospice is, how one qualifies, what services are provided, its benefits and downside, what the costs are, and how to go about selecting one.

Rev. Barb Greve, a colleague of Cameron, who serves as a hospice chaplain will lead this program.

A simple lunch will be provided. Zoom available. We hope you'll join us!

Wrestling with the Scriptures meets every fourth Tuesday at 10:30 am (via Zoom). The next meeting will be **Tuesday, March 24.** Patrick Hall will lead the conversation. Please feel free to reach out to the office for the Zoom access information: office@staidansf.org.

LGBTQ+ task force invites survey input by March 15. Episcopalians are invited to complete a 15- to 20-minute survey offered by the Task Force on LGBTQ+ Inclusion to help the church better understand how it honors the dignity of all people and where work remains to be done.

The 80th General Convention established the task force in 2022, charging it with conducting an audit of how The Episcopal Church has lived into its public commitments affirming the inclusion of LGBTQ+ people. A survey report will be shared with the 82nd General Convention in 2027.

Members across the church—those who are LGBTQ+ and those who are not—are encouraged to share about their experiences with pastoral care, sacramental access, representation in leadership, and institutional accountability.

Link to survey: <https://shorturl.at/kCbaH> **You can also find the link in the Flame announcements.**

From the ELM Committee: Life Crisis Forms at St. Aidan's

What would happen if you had a medical crisis at church? Whom should we call?

Since timeliness and having relevant information is critical in these situations, it would be helpful for our clergy to know:

- *Your emergency contact – friend, partner, spouse
- *Relevant health information, e.g., allergies, recent surgery or illness
- *Health Care Provider, e.g., Kaiser, Sutter, UCSF, preferred facility
- *Advance Care Planning preferences --- who has a copy of that document

St. Aidan's ELM Committee (End of Life Ministry) recently completed the development of the Life Crisis/Emergency Form as a valuable resource for our clergy. These forms will be kept in a confidential place by clergy.

Hard copies will be available at St. Aidan's for you. Please consider completing one and returning it to Cameron or to Cary, our Parish Administrator, who will pass it on to Cameron.

The form is available on our website here:

https://www.staidansf.org/files/ugd/785659_15c5dbf715e64226a1d42fb73c676e27.pdf

Thank you for your consideration. If you have questions or concerns about this, please feel free to speak to any of us about it.

In service,

St. Aidan's ELM Committee

Judy Bley, Betty Carmack, Margaret Dyer-Chamberlain, Don Fox, Mileva Saulo Lewis, Elaine Mannon, Cameron Partridge

More Opportunities for Solidarity with Immigrants

Several local organizations offer opportunities to stand with immigrants facing Trump administration attacks.

Faith in Action(www.faithinactionba.org): Local branch of a national community-organizing group anchored in faith communities around the country. In the Bay Area they focus on housing and immigration. Opportunities include:

- **Immigration Court.** Accompany immigrants to their court hearings. You'll need at least conversational Spanish, and you'll be trained before you get started. For more information and the sign-up link: www.faithinactionba.org/accompaniment.
- **Rapid Response Network (203) 666-4472:** Faith in Action operates the San Mateo County Rapid Response phone network, providing information for immigrants and their supporters in the whole Bay Area, not just San Mateo. Call the number:
 - If you or a loved one has been detained by ICE
 - If you learn that someone has been detained by immigration enforcement
 - If you see ICE activity in the community
 - If you need accompaniment at an ICE Check-In or court appearance
 - If you need support filling out your asylum paperwork within the first year of entering the country
 - If you think immigration enforcement is contacting you by phone call or text message

Immigration court demonstrations and vigils: Several groups maintain a presence outside the immigration court at 100 Montgomery in downtown SF. Here are a couple:

- **Interfaith Court Vigil (www.im4humanintegrity.org/category/events/):** Tuesday, Wednesday, and Thursday every week. Sponsored by the Interfaith Movement for Human Integrity. Click here to sign up: bit.ly/CourtVigilVolunteer.
- **Tuesday and Friday demonstrations:** Loosely organized, pretty confrontative demonstrations, called by Democratic Socialists of America and others.

Immigration Court Observers: The National Lawyers Guild trains non-lawyers to participate in observing and documenting what happens in immigration courts in S.F. Click here for more information: nlgsf.org/programs-committees/nlg-sfba-programs/immigration-justice-program/

Comprehensive action calendar: (www.actiontogetherwest.org/bayarea) A project that grew out of the 2016 Pantsuits Nation group, this is a very well-maintained and up-to-date calendar of resistance activities in the Bay Area.

St. Aidan's Gourmet Book Club

We resume meeting via zoom with LeeAnn DeSalles serving as our zoom master. She has set up a zoom link that will serve for all our meetings. If you would like help with zoom, please contact LeeAnn at leeanndesalles@comcast.net. If you would like to be on the Book Group's mailing list, please contact elaine@mannon.com

- **Monday, March 30, 2026, 7:00 p.m.**
 - *The Safekeep* -by Yael van de Wouden (272 pages). A historical mystery, set in 1961 Netherlands, that unearths hidden wartime secrets and explores themes of obsession, desire, and control.
- **Monday, April 27 (first 230 pages) 7:00 p.m.**
Monday, June 1, 2026 (last 230 pages) 7:00 p.m.
 - *The Accidental President: Harry S. Truman and The Four Months That Changed The World* - by A. J. Baime – Explore how a man, guided by simple principles, rose to meet immense challenges. (461 pages)

Contemplative Prayer: Tuesday & Thursday from 9-10 AM via Zoom

We offer Contemplative prayer via Zoom. Contemplative Prayer is silent with the beginning and ending marked by a bell. You can practice meditation, silent prayer, journal, or otherwise enjoy the collective quiet. Thank you to Susan Spencer for anchoring this practice. Please feel free to reach out to the office for the Zoom access information: office@staidansf.org.

Morning Prayer: Mon, Wed, Fri at 7:30 AM

We offer Morning Prayer in hybrid mode (at church and via Zoom) on Mondays and Wednesday, and on Fridays via Zoom only. Please feel free to reach out to the office for the Zoom access information: office@staidansf.org.

Evening Prayer: Wednesdays at 6:30 PM via Zoom

We offer Evening Prayer via Zoom. Readings for the day are from the Episcopal Church's daily lectionary or calendar of saints, and the service includes a brief reflection time on the readings. Please feel free to reach out to the office for the Zoom access information: office@staidansf.org

Mask Policy: We respect the preference of anyone who feels safer by masking. We continue to monitor public health advisories and may modify our mask policy, as appropriate. Please pray for the health and safety of all our members and friends as we continue to navigate this challenging time.

To add an announcement to the weekly bulletin of the Flame, please send your edited text no later than 11:00 am Wednesday to office@staidansf.org

St. Aidan's Vestry

Susan Spencer, *Senior Warden*;
Roya Rettberg, *Junior Warden*
Dave Frangquist, *Treasurer*;
Margaret Tait, *Clerk*
Jan Adams, Gilbert Chavez, Janet Lohr,
Mary Prunyn, Margie Wolcott, Ray Wong

Staff e-mail addresses

Cameron: rector@staidansf.org
Cary: office@staidansf.org

Calendar for the Week of March 1, 2026

Sunday, March 1	Holy Eucharist at 8 AM (In Person) & 10 AM (Hybrid)
Monday, March 2	Morning Prayer (Hybrid) at 7:30 AM
Tuesday, March 3	Contemplative Prayer (via Zoom) at 9 AM
Wednesday, March 4	Morning Prayer (Hybrid) at 7:30 AM Diamond Diners at 12 PM Evening Prayer (via Zoom) at 6:30 PM
Thursday, March 5	Contemplative Prayer (via Zoom) at 9 AM Kaffeeklatsch (via Zoom) at 3 PM
Friday, March 6	Morning Prayer (via Zoom) at 7:30 AM Food Pantry at 1 PM
Saturday, March 7	Men's Group (via Zoom) at 9 AM

St. Aidan's Prayers

In Your Prayers, Please Remember:

In acknowledgment that St. Aidan's is located within the unceded ancestral land of the Yelamu tribe of the Ramaytush Ohlone people, with gratitude for their ongoing relationship with this holy place.

In the Episcopal Church: For Sean our Presiding Bishop; for Julia, President of the House of Deputies, and for the Executive Council of the Episcopal Church.

In the Anglican Cycle of Prayer: For the Nippon Sei Ko Kai.

In the Diocesan Cycle of Prayer: For Austin, our bishop; for all church wardens, vestry and bishop's committee members, and treasurers.

In our Parish Cycle of Prayer: For the St. Aidan's Vestry.

For those with birthdays this week: Barbara, Janice.

For all striving for mental and emotional balance and wholeness, and for their families and friends.

For those who have asked for our prayers: Albert T, André E., Aubrey M., Carol-Ann, Cindi G., Debbie C., Denise, Felicia F., George C., Isaac C., Jaime, Janice T., Jean W., Jelly J., Jenny M., Jill, Jim O., Jodi F., Joe, Joelle, John, Judy B., Julie A., Ken E., Liz S., Lucinda G., Lynne and Meg S., Margarita, Marc L., Mark, Matthew G., Melissa W., Mercedes, Michaela, Milo R., Mina Marie, Owen, Patricia, Peter G., Rocky V. and Ruth S., Ron B., Stephanie M., Tawanda, Tony F., Zakaria E.

For our ongoing work against intersecting forms of oppression, particularly racism and transphobia, and in affirmation of human dignity.

For our work in the world in our daily lives and for the ministries of the Friday Food Pantry and Diamond Diners.

For our congregation as we embrace our call to practice sanctuary: may we commit ourselves to prayer, education, and support for immigrants to this country and for all who are estranged, excluded, or threatened in 21st century America. We pray in thanksgiving for the numerous gifts our refugee and immigrant siblings have brought, and continue to bring, to this country.

For all who are struggling in this time of intensified injustice and polarization in our country and around the world: for strengthened relationships and deepened commitment to our common life and the well-being of our planet.

For those who have recently died: Emily Hopkins, Thales, Vanessa and Augusto Ushizima, Harlean Donaldson, Paul Marcus, Lovie Spencer, Dick Young, Kim Fellner, Gayle Rosenkrantz, Audrey DeLoache, Lois Roach, Shirley Sabin, and Angela Hunkler.

To place a name on our prayer list, please contact the church office at 415-285-9540, ext. 3 or office@staidansf.org. Names of the living are printed by first name and will be kept on the prayer list for four weeks. To keep someone on the list for longer, please notify the office.



St. Aidan's Episcopal Church

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